

## STEP BACK 5 X 5

Step back five paces from the job and spend five minutes planning. Think and observe your surroundings. Step through the work in your mind and begin only when the work can be done safely

Ask yourself:

- › What will I be doing?
- › What are the hazards?
- › What equipment and plant do I need?
- › How can I get hurt?
- › What if something unexpected happens?